# The Village In Howard Newsletter

November 2021

# Thanksgiving Basket Drive

TVIH will be participating in donating 3 Thanksgiving baskets to 3 different families in need. Below is what the baskets should contain. We would like members to pick up some of these items during their weekly grocery run and drop them off at the TVIH office. These items should be nonperishable and can be dropped off at the office Wednesday and Thursday from 10-2 pm. The deadline for drop off at the office is 11/8. If you have any questions please contact Mary McGraw (quickdraw4589@gmail.com) or Yaa Ampofo (manager@thevillageinhoward.org).

# Thanksgiving Basket Drive

Please join HCAR Cares, in partnership with Neighbor Network, to provide families experiencing economic hardship with a bountiful meal during this Thanksgiving season. Form a team in your office or make it a family activity.

Fill a basket (laundry, wicker, tote, etc.) with the following:

- 2 boxes of Mashed Potatoes
- 2 boxes of Stuffing
- 4 jars of Turkey Gravy
- 2 cans of Cranberry Sauce
- 2 cans of Green Beans
- 2 cans of Corn
- 1 can of Yams
- 1 can of Fruit Cocktail
- 1 box of Brownie, Cookie, or Cake Mix (with icing)

- 1 Pie Crust/Pie Filling (non perishable)
- 1 box of Cornbread
- One \$25 Grocery Store Gift Card to purchase a Turkey or Ham
- 1 Thanksgiving Themed Table Cloth
- A Thanksgiving greeting card signed by participants.



# **Daylight Savings Time**

Revert to Standard Time on Sunday, November 7, 2021 at 2:00 AM

Don't forget to turn your clocks back one hour to "Fall Back".

# Hanukkah 2021

Hanukkah, Chanukah, Hanukka, or Chanukkah, are all references to this holiday.

The easiest to pronounce is Hanukkah as it is anglicized. The 'Ch' version is most like the pronunciation in Hebrew. It is not the same as 'ch' in the word chat. It is more like a 'k' and an 'h' together with a guttural sound.

This year Hanukkah will be celebrated beginning at sundown on November 28 and ending at sundown on December 6. Hanukkah typically occurs in December, but it varies based on the Hebrew calendar which has 13 months. Hanukkah is also known as the Festival of Lights, Feast of Dedication, or the Feast of the Maccabees. The word Hanukkah means 'dedication' in Hebrew. Hanukkah commemorates the rededication of the Second Temple in Jerusalem following the Maccabean revolt against the Syrian-Greek army.

The miracle of Hanukkah begins with the discovery that Seleucids left a vial of oil in the temple to be used



to light the candles. Judah Maccabee thought that the vial contained enough oil to light the candles for only one night, but as it turned out, miraculously there was enough for eight nights.

Today, Jews around the world celebrate Hanukkah by lighting candles in a Menorah every night of the holiday. Menorah means 'lamp' in Hebrew.

The most common food to eat on Hanukkah is potato pancakes or latkes. Some prefer to eat them with sour cream and others with applesauce.

Jelly-filled donuts are also a Hanukkah treat.

Matzo ball soup, brisket, and chicken along with 'kugel' is also enjoyed. Kugel is a pudding generally made with noodles or potatoes and can be sweet or savory.

Chocolate coins wrapped in silver or gold foil, known as 'gelt' are given as small gifts to children and anyone celebrating Hanukkah at any party or gathering. Sometimes families give gifts to children for Hanukkah every night.

Happy Hanukkah!

# Welcome to New Members



We extend a warm welcome to new members **Patricia Quinn of Ellicott City**, **Janet Reinsel of Elkridge** and **Alan Schneider of Columbia.** We look forward to meeting you.

# On Boarding

# The Village In Howard Board Of Directors Meeting September 22, 2021

### Financial report (Pete Brunner)

We expect to be entering 2022 in very good financial shape. However, we will need to ensure that we can keep our financial position on a sound basis using grants, member dues and other fund raisers. The fundraising committee is exploring options.

This month we need to start working with committee chairs to develop committee budgets for 2022. I have asked committee chairs to identify their wishes by mid-October. The Board typically votes on the budget at its November meeting.

# Report on Connections and Website Committees (Fran Dummett)

Connections committee update: Fran had her volunteers call and email members. The volunteers did so at least once every 2 months. Some members answered and some did not. The members updated the volunteers on new relationships and shared health or life issues. Fran will continue to keep in touch with her volunteers and continue to email members every 3 months.

Website committee update: Fran met with Harry Glass and Michele Millican to propose the components of an "ideal" website. The current TVIH website is very busy and ideally the website should be streamlined. The TVIH logo also needs to be updated. Howard County Public School Systems ARL has a commercial art group which may be a great resource in changing the logo. To proceed, we need to update the logo then update the web pages and their content. This requires getting rid of pdfs and using links for copy instead as well as purging information. We plan to start with the homepage. To accomplish this we need to delineate duties for Sarah and Yaa and formally establish a lead administrator and editor. Implementation of this plan may necessitate additional hiring.

### Lease update (Pete Brunner)

We have signed the new lease. Our rent has been increased by \$20 per month. The lease contains an addendum related to Covid which will be posted in our headquarters.

## Bylaws update (Elizabeth Johnson)

The current bylaws need revision. Article 5 defines a set of officers we do not use because in the last two years TVIH has been governed by a tri-directorship.

If this is to continue, the bylaws need to be revised. The board appointed a committee, Elizabeth Johnson, Karen Michaelson and Ellin Scholnick, to undertake the revision.

### Survey Feedback (Fran Dummett & Marie Grunwell)

Marie was the architect of the annual survey that was returned by 80% of the members. On a 5 point scale where 5 is the highest rating, membership satisfaction scored 4.1, the newsletter scored 4.3, and satisfaction with the TVIH staff scored 4.6. Respondents made several suggestions for additional programs including monthly game nights, investment clubs, weekend lunches, workshops on retirement issues and programs for frailer members. They also wanted to increase membership diversity. The results of the survey will be added as a drop down section in the About Us section on the website.

### **Strategic Planning**

Marie Grunwell has created booklets that have sections on TVIH's strategic goals and their quarterly evaluations. The booklets will be available at the picnic and in the office. The office will be open and Yaa will be available Wednesdays and Thursdays from 10am-2pm.

### HopeWorks appeal for support for 2021 (Pete Brunner)

This annual appeal asks local organizations to sponsor needy families. HopeWorks provides \$100 to each family for the Autumn Abundance and Winter Wishlist events. Giving has improved when money is asked from members instead of taking money from TVIH funds. The Board will send a forum update to notify members. There will be two emails sent out, one for the Autumn Abundance and another when further information is given regarding the Winter Wishlist.

# Board/Executive Committee Recruiting report (Sarah Spence)

Harry Glass and Cathy Latham have been being nominated to fill the vacancies of Elizabeth Johnson and Karen Michaelson. The new term will start in December. Elections will be held at the October Board Meeting. Diane Minor has also resigned from her position as a Communication Committee Chair.

# Letter to the Editor:

# "Coming Back Home"

As Simon and Garfunkle sang, "Gee, But its great to be back home". Last October I moved to Florida to live with my daughter and son-in-law, Ellen and Steve. I needed some TLC(Tender Loving Care) and they welcomed me into their home and nurtured me with ample TLC. It is almost one year later and I have improved significantly.

It is time to return home. I will be moving into The Residences at Vantage Point in November. The Village in Howard played a big part in my recovery.

The regular phone calls checking on how I was faring and the wonderful zoom meetings kept me from being isolated. The warm welcome extended by many as the news spread that I was returning to Columbia means a great deal to me. I plan to join their ranks once again.

Thank you to those wise, caring people who started The Village. They understand the needs of seniors and give generously of themselves to make it happen. I plan to join their ranks once again.

> Appreciatively, Kathy Rose

# **Veterans Day**

The First World War, "The Great War", ended in June, 1919, but the official cessation of the fighting ended on the 11th day of the 11th month in 1918. Thus, began the official holiday, Veterans Day, originally known as Armistice Day. While some federal holidays are not celebrated on the actual date, Veterans Day is celebrated on November 11.

While the day is set aside to honor all veterans, it now focuses primarily on the living veterans. As of 2019, the U.S. Census Bureau lists more than 17.5 million military veterans of which 9% are women. Wisconsin is the only state that does not recognize Veterans Day as a state holiday.

Alaska has highest percentage of veterans living there - 10.5%

To all those who gave their service to this country, we salute you, we honor you, and we thank you.

# **Spotlight our Service Volunteers**

### Vivian Bair

Viv was the first Office volunteer, who was not a Board Member, and covered a shift on January 6, 2015 – our first day of operations. During TVIH's chaotic first year, she regularly covered multiple shifts each week and is still always willing to pick up an extra shift, sometimes accompanied by her dog, Oliver



(when the office is open). Viv is an avid gardener and has also coordinated a Columbia Community site. Thanks so much Viv-for all these years of support for TVIH.

# **Thanksgiving Recipes**

# Strawberry, Pineapple, Cranberry Jello Mold Ingredients:

2 Cups Water

1 Cup Sugar

1/2 Pkg. Fresh Cranberries

1 Small Pkg. Strawberry Jello

1 Can Crushed Pineapple

1/2 Cup Chopped Pecans

Combine the following in a 2-quart saucepan

2 Cups Water

1 Cup Sugar

One-Half pkg fresh cranberries

Boil together until cranberries POP!!!

Remove from stove

Add and dissolve 1 small pkg. strawberry Jello to cran-

berry mixture

Cool

Add:

1 Can crushed pineapple

1/2 Cup chopped pecans

Pour into mold and let set

— Submitted by: Marie Grunwell – one of my mom's favorites

### **Sweet Potato Casserole**

3 pounds of sweet potatoes (or Yams)

3/4 cup of Light Brown Sugar, Packed, and divided, reserved 2 TBSP for top.

3 TBSP Butter

1/3 tsp Cinnamon

1/3 tsp Nutmeg

1 cup Milk

Boil sweet potatoes until done, then peel and mash them.

Stir in the remaining ingredients except for 2 TBSP sugar.

Turn mixture into a greased 1 1/2 Quart casserole and sprinkle with the remaining sugar.

Bake at 400 degrees for 30 minutes.

This dish can be made ahead and baked on the day you need it. You can also microwave the potatoes and peel and mash them. If you are trying to cut down on your sugar intake, you can use Swerve Brown Sugar as it is sweetened with Stevia.

— Submitted by Sheryl Amster

# **TVIH Happy Hour Update**

The November 2nd TVIH Happy Hours will be in **private rooms indoor**s at both Bare Bones on Rt. 40 and Ranazul in Maple Lawn. Please see the Calendar for more details but join "old" friends, bring guests, and meet "new"



friends from 4-6 pm at either restaurant. As always we ask those attending to be vaccinated and not feeling sickly or recently with sickly folks.

# **Fundraising Update**

The Fundraising Committee would like to explore the possibility of working more closely with some of the Rotary Clubs in Howard County. If any of our members are current or former Rotarians, we would like to touch base with you to better understand how we can establish a working relationship with these clubs.

### PODS CORNER

Welcome to this new section in the newsletter dedicated to Pods. In it, you will learn the latest about pod numbers and ones forming. The pods information has moved to the TVIH website's Resources tab. TVIH members will need to login in to click the pods page. Forum posts will be emailed to let members know interest pods that need more members

before they can start. If you find you want to join any pod or have any questions, please contact the Pods Committee at pods@thevillageinhoward.org. We'll get you connected.

Total Pods running - 5 neighborhoods, 2 interests

Pods started in past month – 4 neighborhoods (Harper's Choice, Hickory Ridge, Ellicott City,

Owen Brown), 2 interests (Men's, Outdoor)

Pods forming – 3 neighborhoods (South Howard County, Oakland Mills, Long Reach), 1 interest (women's)

Some people have already expressed interest in pods. We will place you as soon as we have enough to start the pod.

### PLEASE NOTE: All Events Now Require Registration!

Register for an event on the online calendar.

When you register for a Zoom TVIH event, you receive the Zoom link two times. The first time is right after you register. You receive the second notice on the day before the event. If you cannot find the zoom link in your emails, go to the website and cancel your registration, then register again. The email link will be emailed to you within 2 minutes.

Reminder: Please remember to use the 'Cancel' button or phone the office, if you are unable to attend an event for which you've registered. This courtesy not only helps the event coordinator, but opens a space for others who may wish to attend.

Thank you for your consideration.

Sharon Neville, Program Chair

# **Monthly Events**

# **Good Morning Howard Sessions**

Nov. 5

**Topic: Recommended Reads** 

Hosts: Roberta Rood and Jean Salkeld



Roberta Road

Roberta and Jean are both retired librarians, who have retained their love of books and rejoice in having time to read

them. They read fiction, nonfiction, crime fiction, true crime - even books for young readers. (After all, as the holiday season approaches, we need ideas as to what to give to our grandchildren.)



Jean Salkeld

session of "Recommended Reads." You too might get some handy gift ideas, as well as suggestions for your own reading pleasure.

Nov. 10 Host: Fran Lorenzi

**Topic: Managing Your Digital Afterlife** 

So they invite you to join them for a

'Digital afterlife' is something many of us don't think about. But, if you access the internet, post to social media, send emails or even store files on your computer you have data that will live on even after you're gone.



What will happen to everything in your Facebook account when you pass away? How about your emails and files? Will your family or your executor be able to log into your financial accounts? In this class we will review how to plan for your digital afterlife.

Nov. 17

## **Topic: Ruth Bader Ginsburg Host: Jane Shaw**

Joan Ruth Bader Ginsburg was an American lawyer and jurist who served as an associate justice of the Supreme Court of the United States from 1993 until her death in September 2020. Ginsburg was the first Jewish woman and the second woman to serve on the Court. Ginsburg spent much of her legal career



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as an advocate for gender equality and women's rights, winning many arguments before the Supreme Court.

Jane Shaw will talk about Ginsburg's impressive life and career.

Nov. 24

**Topic: Thanksgiving Pies Host: Joy Cheung** 



This session is about Thanksgiving pies (apple, pumpkin, pecan, butternut squash, sweet potato, cranberry apple). What are your favorite pies for your Thanksgiving

dinner? Do you have a good pie recipe from your grandma to share? How do you make a good pie crust? Bring photos of your pies to share.

# World Languages 101: Japanese. November 17th at 1:00 PM.

This is a monthly program. Hebrew, French, Spanish, Norwegian, Hindi, and Chinese classes were offered on the third Wednesday each month. Instructor: Martha Chaiklin

Martha Chaiklin, daughter of TVIH member Sharon Chaiklin,



will teach basic Japanese language. She spent over 15 years in Japan. 1980-1981, 1983-1996, 2018-2019, and several stays for a month or two or a few weeks in between.

This presentation will examine Japanese language from its origins to modern forms. It will cover pronunciation, writing systems, writing styles and historical changes with a brief discussion of some of the literature available in translation that represents these aspects of Japanese language.



Music Appreciation Lecture. November 19th at 10 AM Topic: Dionysus and Apollo Instructor: Professor Tom Benjamin

The creative tension between the expressive/emotional side of humans (and our arts) and the intellectual/

### **Newsletter Staff**

Yaa Ampofo, Editor in Chief Cheryl Neely, Editor Diane Minor, Editor classical side. These two aspects are often thought of as opposites, but we'll also consider the ways in which both are necessary (in life and in art).

# Weekly Activities/Events

- **Monday Morning Meanderings** at 9:00 AM. 11/1, 11/8, 11/15,11/22
- Monday Morning VIRTUAL Coffee with Friends at 10:00 AM. 11/1, 11/8, 11/15,11/22
- **In Person Bridge** Every Tuesday at 1:00 PM. 11/2, 11/9, 11/16, 11/23,11/30
- **Good Morning Howard** Every Wednesday at 9 AM. 11/10, 11/17 11/24
- **Virtual Meditation Group** Every Tuesday 9:00 AM 11/2,11/9, 11/16, 11/23 and Thursday at and 7:00 PM. 11/4, 11/11, 11/18,
- **Virtual Mah Jongg** Every Friday at 10:00 AM. 11/5, 11/12, 11/19, 11/26
- **Sneakers & Coffee** Every Saturday at 9:00 AM. 11/6, 11/13, 11/20, 11/27

Sheryl Amster, Editor Ellin Scholnick, Editor Sarah Ziemann, Program Editor Jennifer Perkins-Frantz, Newsletter Design

# **Member Solicitation Policy**

In order to ensure confidence and privacy, and to promote an open exchange of information among our members, The Village in Howard maintains a policy of non-solicitation of fellow members for the purpose of business development or marketing. Our organization provides opportunities to learn from each other, both at TVIH activities and informally. Using the directory to find names and contact information of other members is appropriate for this purpose. It is not appropriate to market or solicit business.

### **SUPPORTERS:**









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