



The Village In Howard Newsletter

October 2021



A Caring Community

The Village in Howard could not exist without its steadfast, skilled, and caring volunteers, especially those who were able to directly serve our members during this challenging year. Since mid-March 2020, when the “stay-at-home” orders first started, our volunteers stepped up to help our members cope – by helping with grocery or medication pick-up and delivery, running errands, making wellness calls, driving members to appointments when needed (using all COVID prevention precautions), initiating numerous, interesting Zoom programs when meeting in-person was not available, and so much more.

There are many other volunteers behind the scenes... those who maintain the office to handle calls and services, others who handle the website, the newsletter, pay the bills, introduce new and interesting programs (e.g. PODS, GMH, etc.), meet and greet new members, work with Howard County medical services to keep the Village at the forefront of vaccination updates and other important medical-related information and much more.

Now that we are able to meet in person, while vaccinated and using precautions, numerous trips to various appointments and continued wellness calls are provided to our full members.

This is a photo of Chuck Sternheim, a Village member and volunteer since 2015, providing companionship and safe transportation to Janet Randle allowing her to attend a low-vision session at the Bain Center.

As a volunteer driver, Chuck feels he has had the

opportunity to get to know people who are incapacitated in some way, and this has enriched his understanding of the meaning of courage, fortitude, and resilience. Chuck is thankful to have made new and dear friends.

Good Morning Howard

October 6

Topic: Essential Documents You Should Digitize

Presenter: Fran Lorenzi

Learn about the important documents you should photograph or scan and have stored on your computer, mobile phone, or in a secure place on the internet. We will also discuss how to make sure you have your critical identification and other data accessible even when you lose your wallet or purse.



Fran Lorenzi

October 13

Topic: Broadening Village Participation

Guest Host: Wendy Zenker, Executive Director of Arlington Neighborhood Village (ANV) in VA



Wendy Zenker

Arlington Neighborhood Village (ANV) in VA is a member of the nationwide “Village to Village Network”. ANV is 7 years old and has 330+ members. 16% of their membership are people of color. Wendy will share the success story of her Village in their effort to recruit new members.

ANV has broadened its outreach and engagement during the pandemic to include a more diversified membership and volunteer corps in accord with its Board and member strategic directions. Join us to hear what strategies that they have used; what worked and how they are planning to continue this effort into 2021-2022.

About our guest host: Wendy Zenker is the Executive Director of Arlington Neighborhood Village in Arlington, VA, a suburb of Washington DC. Prior to joining ANV in 2017, Wendy was a SVP for the National Council on Aging, where she directed the implementation of nationwide

programs to improve the health and financial well-being of older adults, especially those with low incomes, and had a 30+ year career with the Federal Government, her last position as the COO of the Corporation for National Service, which oversees the AmeriCorps and Senior Corps programs.



Yaa with friends

October 20

Topic: Conversations with Yaa Ampofo

Come meet our new Village Manager, Yaa Ampofo. Fran Lorenzi will interview Yaa. If you have any questions you would like to ask Yaa, feel free to send them to florenzi@hotmail.com.

October 28, 9:00 AM,

Topic: Things You Never Knew About Our Presidents

Host: Duane St. Clair:

We have all heard the stories of Washington chopping down the cherry tree and Lincoln growing up in a log cabin and splitting logs but there are some unusual facts about our Presidents that are less commonly known. In this session of Good Morning Howard, you will learn some of the less well-known facts that show how different many of our Presidents have been.



TVIH Happy Hours - Adjustments!

As with many things, the TVIH Happy Hours adjusted during the pandemic. They're doing it again!

- On the first Tuesday of every month, 4-6 pm, the TVIH Happy Hours will be back at restaurants (with outdoor seating for Sept. & Oct.) providing a chance for you to be with TVIH friends, meet some new friends, and bring guests.
 - Rather than just one restaurant there will be 3 restaurants to choose from each month. (If more than 18 people are attending, the Happy Hour then becomes a "banquet" and all that can entail - set menus, room rent charges, or set amount to be spent.)
 - The Happy Hours will be in various locations around the county, have varying menus, and give TVIH a chance to patronize more Howard County businesses. Different restaurants will be selected every 2 months to provide a wide variety of choices.
 - Please continue to sign up for the restaurant you wish to go to each month on the TVIH web page. This will ensure there's between 14-18 folks at each restaurant. Better for conversations and easier for the restaurant to serve us.
 - Three hosts are needed each month! Please let Karen Ohlrich, karenohlrich@gmail.com, know if you'd like to volunteer in that way for TVIH. It would be like having folks over without having to clean or fix any food and drink. A win-win situation.
 - The choices for outdoor/indoor seating and Happy Hour fare for Oct. are The Silver Diner, White Oak Tavern, and Hudson Coastal. The sign-up information will include the restaurant's web page so you can check out their menu and location.
 - If the weather is not cooperating, the group may gather inside. The host's phone number will be in your confirmation email. Please check with them if you have questions. Again as always, please do not attend if you or anyone you have been close to is ill.
 - All attendees, per TVIH, must be vaccinated.
- See you at a TVIH Happy Hour soon!

50th LONG REACH VILLAGE

Presented by
COLUMBIA
FESTIVAL
OF THE ARTS



Don't miss the Long Reach 50th Anniversary Celebration

A FREE, two-day outdoor festival with music and performing arts entertainment, a fine arts & crafts show and sale, food trucks, and family fun! Featured performances by Squonk Opera, Vanessa Collier, LADAMA, The 19th Street Band, and more at the Long Reach Village Center in Columbia, MD.

Friday, October 15, 5 - 9 pm

Saturday, October 16, 11 am - 9 pm

Visit longreach50.com for more details and a complete festival schedule.

Welcome to New Members



We extend a warm welcome to new members **John Marsch and Patricia Bascietto of Columbia, MD and Laura Thomas from Laurel, MD.** We look forward to meeting you.

Winners of the respondents to The Village in Howard Survey

Winner of an ECHO Show 8 and setup: Stephanie Coakley

Winners of the \$25 Giant Gift Card: Patricia Gordon, James MacDonald, Ron Putz and Chuck Sternheim.

There was broad participation in the survey. We received submissions from 95 of 166 members. Thank you for the numerous ideas that will lead to Village improvements. Your input will greatly aid in the Village's successful future.

The Survey results will be reported in the November Newsletter.

The Village Pods

TVIH members are showing their interest in pods. Four neighborhood and two interest pods are running or will start soon. The Tamar Neighborhood, begun in the Spring pilot, has continued meeting monthly. Three other neighborhood pods – Hickory Ridge, Ellicott City, and Owen Brown - will start shortly. The interest pods– Men's and Outdoor – will also be starting soon.

In October, the Pods Committee will check with members in other neighborhoods.

If you are interested in joining a neighborhood pod, want to connect with other members with a similar interest, or have any questions about pods, please email the Pods Committee at pods@thevillageinhoward.org.

ON BOARD

The Village In Howard Board Meeting August 25, 2021

Publicity

Diane Minor and Yaa Ampofo are working on recruitment material. As part of their outreach they will include the website and brochures that supported memberships are available.

Program notes

The Good Morning Howard presentations on September 8 describe how the Village began and on September 15th where we are going.

Board replacements — Nominating Committee (Sarah Spence)

Diane Minor and an additional member have agreed to run as members of the board. This leaves the TVIH board short one person.

Strategic planning - Marie Grunwell and Fran Dummett

The Board discussed the mechanics of setting up strategic planning committees focused on particular areas such as enhancing membership, finances, etc. The preliminary discussions included the choices of each Board Member as well as the roles of Board members and activities of committee chairs and liaisons between the committees and the Board. Updates will be posted on the website.

Response to COVID

TVIH will move back into its headquarters on Aug. 31. In preparation ServiceMaster will deep clean the site on Aug. 30. When activities are indoors, it was decided to have a mask requirement. All indoor programs will have the annotation: "We respect your right not to be vaccinated. We expect that people that make that choice not attend indoor functions." This will be done on the honor system." Additionally the Board will investigate Columbia Association mandates.

Due to COVID the Welcome Back Party originally scheduled on September 15 in the TVIH headquarters will be canceled. However our outdoor picnic at Cedar Lane Park on September 25 will be held. Dwayne Sinclair and Michele Millican will be presenting.

Survey

After pretesting the survey of members' assessments of TVIH operations, the survey is ready to go. A paragraph will be placed in the September newsletter to notify members of the upcoming survey. An e-mail blast will also be sent to members notifying them of the

impending survey. Four \$25 Giant gift cards have been purchased as prizes. The deadline to complete the survey is September 15. By September 25, Marie Grunwell and Fran Dummett hope to provide a brief overview of the findings. By the end of September, they will notify the 5 random winners who participated in the survey and report the winners in the October newsletter. The summary of the survey findings will be included in the November Newsletter.

Winter Grace Fall Virtual Fair

TVIH will be participating in the Winter Grace Fall Virtual Fair from October 1 -15.

Please view The Village in Howard listed alphabetically in the Resource Directory on the Winter Grace website - wintergrace.org

Senior Call Check

The Maryland Department of Aging has enhanced their Senior Call Check program. Under the initial program seniors can receive a daily automated call to verify your well-being, at a time scheduled at your convenience. Registration is free to Maryland residents 65+. The enhancements include online forms which you can access [here](#) as well as additional time frames to receive your call.

FREE

for MD Residents 65 +

Landline

Cell Phone

or 



Senior Call Check

Call 1-866-50-CHECK

Visit aging.maryland.gov



**Reminder:
Falls Prevention
Awareness Week is
September 20-24, 2021**

*A daily call to verify your well-being, at a time scheduled at your convenience.
Register today or tell a loved one about this program!*

**+ Live weekly calls!
& Daily Messages**



PLEASE NOTE: All Events Now Require Registration!

Register for an event on the online calendar.

When you register for a Zoom TVIH event, you receive the Zoom link two times. The first time is right after you register. You receive the second notice on the day before the event. If you cannot find the zoom link in your emails, go to the website and cancel your registration, then register again. The email link will be emailed to you within 2 minutes.

Reminder: Please remember to use the 'Cancel' button or phone the office, if you are unable to attend an event for which you've registered. This courtesy not only helps the event coordinator, but opens a space for others who may wish to attend.

Thank you for your consideration.

Sharon Neville, Program Chair

Monthly Events

- **Happy Hours** - October 5th 4-6 pm. See the calendar for the list of locations
- **The Village Readers Book Group** - October 21st. Olive Agin by Elizabeth Trout
- **My 3 Cents: Energizing our lives in the face of climate change** - Oct 19th, 1-2:30 PM. A discussion with Ruth Alice White evaluating choices of action at two levels: (a) the use of wind and solar energy locally and (b) the conversion of personal use of electricity as opposed to fossil fuels in our homes and daily life. What are the costs and benefits? What would prompt or dissuade governments and individuals to make changes?
- **Travel Talks - Honduras** - October 28th. Judy Canahuati will show us some of the beauty of Honduras and tell some stories of trips during her 30 years of living there. It is definitely a place to consider visiting as we start to travel again.
- **Listen! Music Lecture - Silence Redux: How we listen to music.** October 29 at 10 AM. Music lecture by Professor Tom Benjamin. This is a continuation of our chat on Sept. 24, which considered silence, timing, pacing and much more. Exciting and expressive examples from many cultures and eras. All are welcome; technical knowledge of music is not



Ben Webster, American jazz tenor saxophonist (1909-1973)

needed. This is the 11th monthly lecture.

• **World Languages 101- Chinese.**

October 20th at 1:00 PM. Joy Cheung, a TVIH member since 2014, was born in Chungking, China and grew up in Taiwan. She came to the US when she was 19. Her mother tongue, Mandarin Chinese, is the second most spoken language in the world.

Chinese is widely considered as one of the most difficult languages to learn by a westerner. In this introductory Chinese language class, Joy will explain what a Chinese character is, the importance of the order of strokes and the correct tones. You will learn how to write numbers 1 to 10 in Chinese and practice the 4 tones with Joy. You will learn to say a few commonly used phrases.

國語
国語
guóyǔ

• **Virtual Friday Night Dinner/Discussion** - October 8th and October 22, 6:30-8 PM

• **Virtual Hooked on Books** - October 5th, 1 pm *Freedom Diary* by Erin Gruwell

• **Teach and Taste - October Teach & Taste Marks the Fifth Anniversary of the TVIH Teach & Taste Program** We began the Village in Howard Teach & Taste program five years ago in the autumn of 2016. The topic for that Teach and Taste was wines from the country Georgia. The area of the world south of the Greater Caucasus Mountains has seen over 8,000 continuous years of grape cultivation and winemaking, much longer than any other part of the world.

To help celebrate our fifth anniversary, we are going to offer a Teach & Taste about wines made in clay vessels. Obviously the first grape winemakers did not have gleaming stainless-steel tanks and oak barrels. For thousands of years, wines were fermented, stored, and transported in clay vessels. Some of those clay vessels were crafted from the soil grapevines were growing in.

Clay vessel winemaking, called qvevri in Georgia, is the only winemaking protocol on the UNESCO List of Intangible Cultural Heritage. Clay vessel winemaking is not just relegated to Georgia though. We are going to taste Georgian wines made in clay vessels as well as a Spanish wine, an Oregon wine, and a Maryland wine. The Romans brought clay vessel winemaking to much of Europe. In the United States it is a bit experimental.

Sessions for our autumn Teach and Taste about clay

vessel wines will be held on October 24th at 12:00 noon and 3:00 PM and October 25th at 2:00 PM. The teach part of the event will be indoors and we hope the weather is nice enough to have the taste part outdoors.

- **Bocce Ball:** This popular game is like lawn bowling with shuffleboard scoring. Join the HC Bocce League for fun play with active aging men and women. Great for all levels, players register individually. League is six weeks with playoffs and championship during the seventh week. Info: Scott A. Ripley, 410-313-7281 or sripley@howardcountymd.gov. September 11th-Oct 23 at Blandair Park.

Weekly Activities/Events

- **Monday Morning Meanderings** – at 9:00 AM. 10/4, 10/11, 10/18, 10/25
- **Monday Morning Virtual Coffee with Friends** - at 10:00 AM. 10/4, 10/11, 10/18, 10/25
- **Virtual Bridge** – Every Tuesday at 1:00 PM. 10/5, 10/12, 10/19, 10/26
- **Good Morning Howard** - Every Wednesday at 9 AM. 10/6, 10/13, 10/20, 10/28

Newsletter Staff

Yaa Ampofo, Editor in Chief
Cheryl Neely, Editor
Diane Minor, Editor

- **Virtual Meditation Group** – Every Tuesday 9:00 AM 10/5, 10/12, 10/19, 10/26 and Thursday at and 7:00 PM. 10/7, 10/14, 10/21, 10/28
- **Virtual Mah Jongg** – Every Friday at 10:00 AM. 10/1, 10/8, 10/15, 10/22, 10/29
- **Sneakers & Coffee** - Every Saturday at 9:00 AM. 10/2, 10/9, 10/16, 10/23, 10/30

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eligible products will be donated to TVIH.

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at the URL <http://smile.amazon.com>. Be sure to
designate The Village in Howard to receive your
donation by clicking on the link smile.amazon.com.

Sarah Ziemann, Program Editor
Ellin Scholnick, Proofreader, Reporter, Writer
Jennifer Perkins-Frantz, Newsletter Design

Member Solicitation Policy

In order to ensure confidence and privacy, and to promote an open exchange of information among our members, The Village in Howard maintains a policy of non-solicitation of fellow members for the purpose of business development or marketing. Our organization provides opportunities to learn from each other, both at TVIH activities and informally. Using the directory to find names and contact information of other members is appropriate for this purpose. It is not appropriate to market or solicit business.

SUPPORTERS:



If you have problems with, or need information on:
Membership, email membership@thevillageinhoward.org
Volunteering, email volunteer@thevillageinhoward.org

If you would like to be removed from this email list, please email your name and email address to 4info@thevillageinhoward.org. We will not share your email address or personal information with anyone.