

# The Village In Howard Newsletter

January 2021



# Out With The Old, In With The New!

We are all glad to see 2020 over but let us consider some of the silver linings in a year marked by masks, social distancing, and endless handwashing. We all learned to use Zoom and met people on screen who we may not have otherwise seen in person. TVIH organized a variety of programs to keep us physically, mentally, and socially engaged. We enjoyed travel programs and dreamed of future travels. We got to know foreign-born members who shared their immigrant stories and gave us a peek into their culture. Members helped members and volunteered in the community. Some of us took classes and widened our horizons. Even though we could not get together in person, we got closer virtually.

Happy New Year to you and your families. 2021 will be a great year. Soon we will be rolling up our sleeves to get the vaccine and even though we will keep our masks on for a while, we will be able to see family and friends in safe settings. This is the time of year when many of us think about new year's resolutions. This year allow yourself to just be.... Thankful, grateful, and mindful. Thankful we made it through nine months of the pandemic, lockdown, and isolation. Grateful for family, friends, community, and TVIH that got us through those months of ups and downs. Mindful that this too will continue to pass, and we will soon be back to living our lives to the fullest – travelling, socializing, and spending time with grandchildren.

Journaling is a great way to document these unprecedented times, not only for us to look back on but for

future generations to know and learn from. Some of you have a daily journaling practice. Some of us start each year planning to journal every day and somewhere down the road we get sidetracked and the pretty journal we hoped would inspire us to write every day gets pushed to the back never to be seen again. I'm going to take a journaling class on New Year's Day and this time for real, I plan to journal every day. For the grandchildren I hope to have some day!

— Submitted by Farida Guzdar

# Annual Meeting – A Virtual Gathering

Tuesday, January 19, 2021, 7:00 PM

# You are invited to attend our first virtual annual meeting and festive celebration with fellow Villagers.

Mary McGraw, TVIH Founder, 2020 Director of Public Affairs and outgoing Board member will be our Master of Ceremonies. Mary Pat Donelan, Director of Operations and Pete Brunner, Director of Finance will present an annual report followed by updates from committee chairs.

Social media (Facebook) and program (Good Morning Howard) demonstrations will be presented as well as an interactive meditation demonstration. Duane St. Clair (aka the Trivia emcee at our annual picnics) will end the evening with a fun activity before awarding the door prize of an Echo Show 8! You must be in attendance to win.

Before closing, have your beverage of choice ready for a group cheer to a happy and healthy 2021!

This event requires registration. A zoom link will be provided upon registration.

## A Pilot Project To See How Technology Can Help Us Cope With The Pandemic

There is ample evidence that isolation and loneliness may make people increasingly susceptible to depression and physical problems. Recently the Horizon Foundation and the Community Foundation of Howard County posted funding opportunities related to maintaining mental health during periods of extended isolation. TVIH applied for both opportunities and were fortunate to be selected.

We are reaching out to members who would like to, participate in a pilot project. To participate you must have internet/WiFi access. Participants will be given an Echo Show 8 to keep. (Some of you may already have a device. Those who do can use their own unit.) Priority will be given to full members, but we have enough devices to support additional members.

We also want to establish a user group to identify and document functions on the Alexa Personal Assistant



array of skills of greatest use to our members. At some point in the future, we would also share our knowledge and experience with other Villages.

We are hoping to start this project in January. If you would like to participate, please contact us at <u>4info@</u> thevillageinhoward.org.

Many of our older and frailer members rely upon the supportive services we provide to enable them to remain at home. Enforced isolation due to the pandemic has reduced TVIH's ability to provide in-home services which also provide vital social contacts. During the pandemic, our volunteers and other members have maintained frequent telephone contact with our socially isolated members. Current predictions of the course of the pandemic indicate that this period of isolation will remain prolonged and may even impose a greater degree of isolation.

We maintain contacts with our full members but, of necessity, contacts are limited to telephone contact. Many members participate in our Zoom based programs; but programming is provided to groups and does not permit one-on-one, face-to-face contact.

Many of us have heard of the Echo Dot device which uses the Alexa personal assistant to help us perform daily routines. There is a related device, the Echo Show 8, which combines the abilities of the Echo Dot with an 8 inch screen to enable visual calls via the internet. The use of a Personal Assistant such as Alexa on the Echo Show 8 device will permit visual contact, help reduce isolation and hopefully, improve our ability to personalize our contacts and reduce loneliness and attendant possibility

of depression.

We want to explore the ability of these visual personal assistants to help TVIH maintain better contact with members while also giving them the ability to "visit" friends face to face. At a minimum we expect to use Alexa to allow face-to-face contact between volunteers and isolated members, use the existing member data base to facilitate placing face to face calls among participants, provide participants with additional capabilities such as medication reminders, personal calendars, emergency contact capability and as a shopping assistant.

Some members have hearing and/or vision impairments and Alexa has skills to assist such users. We also have members who currently access services for the visually impaired to provide book and magazine reading services. We expect to incorporate such abilities within the scope of the effort.

We hope that this project can be both interesting and fun as well as highly productive. If you are interested in participating please let us know.

— Submitted by Pete Brunner

Thank you to the Community Foundation of Howard County and the Horizon Foundation for their generous support of this pilot project.

# Monthly Travel Talk: Elephants in Pre-Modern Japan

Jan. 21, Thursday at 7:00 PM

Martha Chaiklin, daughter of TVIH member, Sharon Chaiklin, will tell the story of elephants in pre-modern Japan. Martha spent over 15 years in Japan (1980-1981, 1983-1996, 2018-2019). She specializes in the study of



material
culture, the
East India
Companies,
and Edo and
Meiji Japan.
Japan has
a long and

a long and complicated

history with elephants. From food to medicine to personal ornamentation, a relationship with elephants impacted the lives of all segments of society. This talk will trace the importance of elephants in the Edo period (1603-1868) when Japanese citizens were forbidden from traveling abroad. Ivory and live elephants were brought to Japan.

This program is open to the public. You will receive

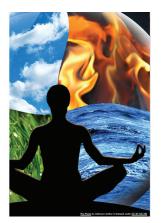
a zoom meeting link after you register on our website, www.thevillageinhoward.org.

Submitted by Joy Cheung

### **TVIH Winter Meditation**

Welcome to this series of meditations created to synthesize Art, Music, Math and Meditation, toward your inward journey of self-discovery and the cosmos. I am so excited to present this fascinating series to new meditators, as well as experienced veterans. It is a kaleidoscope of visuals and music, which will pique your interest and soothe your soul during this contemplative time of the pandemic. Experience how concentrating on Sacred Geometry can be enhanced by concentrating on Math concepts and Art. We will be expressing ourselves in meditative practices through some drawing and journaling, as well as sitting with music and silence. Each session will be presented by Fran Dummett on Tuesday morning and Thursday evening beginning January 12 through March 4. See online calendar for details and registration information.

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1. The Vanishing Point	00 / (IC )
2. Love Triangles	
3. Between the Lines	
4. Zen Squares	
5. Circle of Compassion	
6. Solace in Art	
7. Healing Powers of Mandalas	
8. Harmony in Nature	



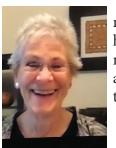
#### Composition and Designs.

Scott is a trainer, Adjunct Professor at JHU Grad School, MS in Behavioral Science, management consultant, portrait and outdoor landscape painter, art model and collector, singer, poet, dreamer, and lover of light and Impressionism.



1/11 and 1/13 Hosts: Karen Ohlrich and Dick Voelker Topic: Howard County Flowers and Wildlife

We assume you have been noticing the flowers and wildlife while "traveling" in Howard County.



During this time, Karen and Dick, as members of the Covid Camera Club, have been out taking photos from nature centers, conservancies, parks and silt ponds and would like to share the photos with you.



### 1/18 Host : Duane St.Clair Topic: Predictions for 2021

The pandemic has had a large impact on our daily lives. Which changes will you continue in the new year when we can return to a non-pandemic world? How has your life changed permanently and how will you return to pre-pandemic patterns?

# Good Morning Howard Topics for January 2021

This program on Mondays and Wednesdays at 9:00 AM is open to the public. Registration on our website is required to receive the zoom meeting link.



1/4 and 1/6 Host: Scott Chapman Topic: The Art of Seeing and Personal Art Tour at Home

We are fortunate to have Scott, a friend of TVIH, to give us an art lesson: explore how we see, what attracts us visually and why.





1/20 Hosts: Jane and Kim Sherman Topic: The Coldest Inauguration Day

Come to share your story of the coldest inauguration day ceremony that you attended.



1/25 Host: Helen Worth
Topic: "The Many Faces of A Writing
Career"

Helen will share stories about her writing career with us. She started writing in the sixth grade, creating poems about fellow classmates. It was

all up from there. At Wilkes University in the mid-1960s, Helen wrote the "Little Chuckles" column for the school - a look at the lighter side of college. Marriage and motherhood found her writing freelance pieces for the Columbia Times and the Columbia magazine, while serving as the Editor of a national newsletter on ADHD.

Helen became a stringer for the Baltimore Sun's Howard County Section in 1981-1986 (A stringer is halfway between a freelancer and a staff writer.) while earning her master's in communications. In 1986 she became a public information officer at the Johns Hopkins Applied Physics Laboratory where she spent nearly 30 years in what she calls "the best job in the world."

### 1/27 Hosts: Linda Gorman and



Karla Castner (new TVIH member)
Topic: Project Linus: Hand-Crafted
Blankets and Comfort for Sick
Children

One of the most lovable pop-culture characters, Linus van Pelt, is forever attached to his blanket in the "Peanuts" world created by cartoonist Charles Schultz. The blanket

provides the sensitive Linus with a sense of security,

warmth, comfort...
and love. With those
same purposes in
mind, the nationwide
non-profit organization "Project Linus"
collects and distributes
new, handmade blankets
to children who are seri-



ously ill, traumatized, or otherwise in need. Blankets made from a variety of materials—quilted, knitted, crocheted, and fleece—are lovingly crafted by volunteer "blanketeers," ranging in age from elementary school children to senior citizens.

The Anne Arundel/Howard County chapter is one of the hundreds of Project Linus chapters spread throughout the country. Chapter Coordinator Linda Gorman, joined by Assistant Coordinator Karla Castner, will discuss the work done by this inspiring organization, how the blankets uplift the spirits of the children who receive them, and opportunities to get involved. Through the gift of a blanket and its deep commitment to bring joy both to recipients and volunteers, Project Linus offers handmade, one-of-a-kind comfort and love.

### What are Village Pods?

TVIH is open to new concepts to try out. A Village Pods workgroup is setting up a pilot program to support the concept "It takes a village to age in place." Each Village Pod will support each other with friendship and shared activities within and outside of TVIH. Village members may be contacted to discuss your interest in trying out this new initiative.

# Thank You to Outgoing Board Members Mary McGrayy Selly Parkers

### Mary McGraw, Sally Parker, Kim Sherman

Your time on The Village In Howard Board has come to a close, and we wish to express our sincere gratitude for your service. Board service is the toughest volunteer role and you took on your Board duties with dedication and seriousness. We will certainly miss working with you as a board member, but look forward to participating in TVIH programs together.

We asked, you made time, and we thank you,

— The Members of the Board of Directors

# Meet the New Tri-Director and Board Members

With a new year comes new members of the Board and the TVIH Executive Committee. They are each well known to TVIH.

We are fortunate to have **Sarah Spence** take on her new Executive Committee role as Director of Public Affairs. The heart of TVIH is the programs that it offers and Sarah has not only chaired the Program committee but also started up the following programs for TVIH: Happy Hour, "Hooked on Books" Book Club, Bridge Club, Bocce and has been a co-host for Good Morning, Howard. She comes well equipped for her role. She and her husband, owned and managed Commodore Productions, Inc. which handled film production and custom design and installation of home theater and sound.



Jim Sanders has been presenting informative workshops on a variety of issues spanning restructuring of homes to make them senior friendly to strategies for bolstering mental health during the pandemic. A 44-year Columbia resident, he is also on the faculty of the University of Maryland R. H. Smith School of Business. A

sample of his activities includes Board Chair of Grants Committee Community Foundation, involvement in five age friendly work groups, and extensive community engagement Leadership, CAC, ACS.

Fran Dummett introduced meditation and haiku into the lives of many Villagers. The Brooklyn born resident moved with her family to Howard County in 1970 and worked in the Howard County Public School System as a counselor for middle and high school students until 2014. She still is active in mentoring homeless



high school students. She has been a leading figure in TVIH's Good Morning Howard Program, acting as planner, co-host, and presenter and she has been active in the IT committee as she leads TVIH into greater usage of social media.



Kathy Marianelli has been an invaluable helping hand since joining TVIH in 2017. She has provided rides, and supported fundraising events for TVIH and Gilchrist. This is not surprising given her background of 34 years in Human Resources, specializing in employee relations and affirmative action plans.

# On Boarding - Discussion topics at The Village In Howard Board of Directors Meeting

November 25, 2020

Membership. Sarah Spence was named as Director of Public Affairs replacing Mary McGraw who is departing the Board. Two other long-standing members are leaving the Board: Sally Parker and Kim Sherman. All three will be greatly missed and the Board thanked them for their service and dedication. Three nominees to replace departing Board members were unanimously approved. We welcome Kathy Marianelli, Fran Dummett, and Jim Sanders. At present TVIH has 179 members: 150 Associate members (80 singles & 70 members of couples) and 29 full members (12 members of couples and 17 singles).

**Budget and Office Arrangements.** Our autumn funding appeal letter was mailed out recently. Beginning January, our rent to Oakland Mills Village Association (OMVA) will return to the pre-COVID level. It will remain at that amount unless the state reimposes occu-

pancy restrictions. OMVA has notified us that a local food distribution service, Columbia Community Cares, will be using the facility on Saturday and Wednesday afternoons to distribute food to local clients. We have informed OMVA that we may want to revisit the arrangement when the weather warms up IF we decide we want to begin using the center at that time. Because of these arrangements it was recommended that Cheryl NOT visit the office on Wednesday afternoons.

**Grant Activity.** Between November 11th and November 23rd, we applied for grants from the Horizon Foundation and from the Community Foundation of Howard County. The Horizon Grant is for a pilot project using Echo Show 8 devices to allow us to maintain visual contact with full members during the pandemic. The Community Foundation of Howard County application also requests funds for Echo Show 8. The funding would enable us to equip nearly all of our full members. We also requested funds for Chrome notebooks as well as funding to alleviate food insecurity for supported members. Additionally, Michele Millican is piloting a new 'PODS' program with the Office on Aging and Independence focusing on mental and emotional health. Many of us are unable to recognize deterioration in our mental health and we lack the skills, tools, and resources for recovery. TVIH in conjunction with the County Health Department has organized a three-part Zoom course to recognize and treat episodic or chronic mental health issues for ourselves, friends, and family members. As part of our grant with the Horizon Foundation, Jim Sanders will be presenting a webinar series on coping with the pandemic and we are establishing a third Zoom channel to support it.

Volunteer Activities. During October our volunteers performed 115 hours of service to keep our organization running and provide services. Additionally we learned about the newly organized VolunTEEN program which can provide free services such as raking leaves, planting flowers, etc. The teens in this program have provided yardwork services to a few of our TVIH members. Susan Hailman will be using the Member Sharing Forum regarding the possibility of snow removal services provided by teens in this program. This will require mapping Village locations of members requesting snow removal to determine where teens should be recruited.

TVIH is seeking Chairs and/or Co-chairs and volunteers for the Fundraising, IT, and Communication & Outreach committees. The Communications and Outreach Committee gives recruiting talks to various groups, publicizes our activities and communicates with diverse County groups. We are also seeking backups to maintain our website and serve as photographer.

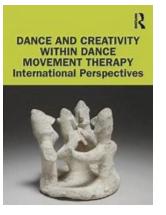
Status of Media. Michelle Blumhagen reported on the impressive attendance and media coverage of the Clayman's anniversary and Inge Hyder's skydive. She also described TVIH's Facebook efforts including Calvin Ball's request to join our Facebook page. Presently, a temporary part-time employee is working on social media efforts but we have enough work to continue to employ a tech support person working a few days/week on new technology, applications, and upgrades. Michelle noted our big need to have people more comfortable and knowledgeable related to Echo Show, etc.

**Annual Meeting** The TVIH Annual Meeting will be held via Zoom, on January 19, 2021 at 7 PM.

### **Dance and Creativity**

Congratulations to TVIH member Sharon Chaiklin

who on October 27, 2020
published her latest book Dance
and Creativity within Dance
Movement Therapy: International Perspectives. The book is
the culmination of a long and
distinguished career recognized
by a lifetime achievement award
from the American Dance
Therapy Association. When
Sharon entered the field it was a
set of practices without a theory
behind it or an organization of



its practitioners. She was instrumental in constructing both. Under the mentorship of the pioneering dance/ movement therapist, Marian Chace, she became a founding member of the American Dance Therapy Association and later became its president. Her book, The Art and Science of Dance/Movement Therapy as well as many of her articles and chapters have been translated into many languages. She theorized that dance provided a layer of human functioning hidden by language. Psychoanalysis focuses on "talking therapy." There is a parallel in movement therapy. Our body and the way we move incorporate profound and often hidden emotional, social and cultural experiences. Unlocking,



becoming aware of and changing these body experiences through dance movements is potentially therapeutic.

A native New Yorker, Sharon met her husband when they were both camp counselors. They both earned degrees in social work. As her spouse entered academic life and they raised their family of two sons and two daughters, Sharon was both mother and faculty wife. When her spouse accepted a faculty position at the University of Maryland School of Social Work, Sharon began work at St. Elizabeth's Hospital in D.C. In the course of her work she began to incorporate dance movement therapy as a way of treating trauma. One of her daughters spent time in Japan, a culture with different musical and dance traditions. These cultural differences excited Sharon and led to workshops across Japan and eventually to an international career with workshops and presentations in Israel, Argentina, and the Philippines. She has also taught a graduate program in Dance/Movement therapy at Goucher College. Currently she is active as head of the Marian Chace Foundation and can often be found playing in TVIH's virtual Mah Jongg matches.

— Submitted by Ellin Scholnick

### Welcome to New Members Let's Get Acquainted



We wish to extend a warm welcome to new member Carla Sachey-Beyers.

We look forward to meeting you soon!

### 2020 Was Like No Other Year

Plans changed and we adapted to the new normal. With time on our hands, we looked back and evoked memories from a simpler past. Some of us documented these unprecedented times of resilience and survival.

Many of our memories are connected to food and feasting, gathering with family and friends, traditions and rituals. This is the time of year, much-needed this year, to share these memories with our virtual TVIH family. Sharing memories builds community as we find similarities and get to know each other at a deeper level.

I'm sharing below a birthday memory from my childhood in India. I invite you all to share your memories; we'd like to feature them in the TVIH newsletter in 2021. Your memoir story should be limited to around 800 words and emailed to manager@villageinhoward. org. We will feature one story every month. Let the writing begin!

— Submitted by Farida Guzdar

### **My Parsee Birthday Memory**

By Farida Guzdar

Parsee birthdays are ceremoniously ushered in with special foods and ceremonies. Parsees have two birthdays. The actual date you were born and since the Parsee calendar has no leap years, your roj birthday which moves back a day every four years. Growing up it was fun to have two birthdays: your Parsee roj birthday and your English date birthday. My mom being a good Parsee, focused more on the roj birthday. Let's celebrate my birthday today. Continue reading Farida's Birthday Memories.





We extend our condolences to Melanie Milner and family on the loss of her husband Jim on December 6, 2020. Jim and Melanie became members of our TVIH community this past June.

#### PLEASE NOTE: All Events Now Require Registration!

Register for an event on the online calendar. On the day of the event, return to the event on the calendar about 15 minutes before the time of the event, click the zoom meeting room link and you're in! If using your phone, follow instructions given.

Reminder: Please remember to use the 'Cancel' button or phone the office, if you are unable to attend an event for which you've registered. This courtesy not only helps the event coordinator, but opens a space for others who may wish to attend.

Thank you for your consideration.

Sharon Neville, Program Chair

### **Monthly Events**

- Virtual Happy Hour- Tuesday, January 5th from 5-6 PM. PLEASE NOTE there will be only one session this month! TVIH Happy Hours are moving "inside" for the winter. Join us on Zoom, still on the 1st Tuesday of each month. Kim and Jane Sherman will be January's hosts. Watch for the announcements! The next Happy Hour will be on 2/2.
- Discovering Podcasts Wednesday, January 13th and 27th at 7:00 PM.
   This 45-minute program will present clips from three podcast episodes. Story-telling of personal experiences, science, history, and imaginative ideas will be emphasized.
- My 3 Cents Tuesday, January 19th at 1:00 PM. Topic: "Should we regulate social media such as Facebook?"
- The Village Readers Book Group Thursday, January 21st at 10:00 AM. Discussing the book The Boys in the Boat by Daniel Brown.

### Weekly Activities/Events

- Good Morning Howard Virtual. Every Monday and Wednesday at 10:00 AM. 1/4, 1/6, 1/11, 1/13, 1/18, 1/20, 1/25, 1/27.
- Monday Morning Virtual Meanderings 10:00 AM. 1/14, 1/11, 1/18, 1/25.
- Virtual Meditation Led by Fran Dummett \*begins 1/12\*; Tuesdays at 9:00 AM. 1/12, 1/19, 1/26; Thursdays at 7:00 PM. 1/14, 1/21, 1/28

  Welcome to this series of meditations created to synthesize Art, Music, Math and Meditation, toward your inward journey of self-discovery and the cosmos. Join us this month via Zoom for "The Vanishing Point", "Love Triangles", and "Between the Lines".
- **Virtual Bridge** Every Tuesday at 1:00 PM. 1/5, 1/12, 1/19, 1/26.
- Wednesday Lunch Bunch (Virtual) 11:30 AM. 1/6, 1/13, 1/20, 1/27.
- **Mah Jongg** Every Friday at 10:00 AM. 1/1, 1/8, 1/15, 1/22, 1/29.
- **Dinner and Discussion with Friends** Every Friday at 6:30 PM. 1/1, 1/8, 1/15, 1/22, 1/29.

• Saturday Morning Virtual Coffee with Friends – 9:30 AM. 1/2, 1/9, 1/16, 1/23, 1/30.

**Individual Events** 

An Undisciplined Look at Japanese Fine Arts - Wednesday, January 6th at 2:00 PM. This is a free-form discussion of different aspects of Japanese arts. It will cover the topics contributed by the members who attend. This month, we will focus on Japanese gardens.

Jewish Museum of Maryland - Jews in Space: Members of the Tribe in Orbit - Wednesday, January 6th at 3:00 PM. As part of the new exhibit, the Jewish Museum of Maryland is pleased to offer a digital tour for The Village in Howard, during which a staff member will take TVIH members on an inside look, sharing how Jewish people thought about space in the past, the creativity of Jewish science fiction writers, and the bravery of Jewish astronauts.

AARP HomeFit: Smart Solutions for Making your Home Comfortable, Safe, and a Great Fit! - Thursday, January 7th at 3:00 PM. AARP representative, Karen Kafantaris, knows the research that consistently finds that the vast majority of people age 50 and older want to stay in their homes and communities for as long as possible. She will walk us through the AARP HomeFit guidance that was created to help people stay in the homes they love.

Emotional Health Matters, Class 3: How to Help Ourselves and Others (Part 2) - Tuesday, January 12th at 10:30 AM. Howard County's Health Department (HD) and Office of Aging and Independence (OAI) will explore the emotional and mental/behavioral health changes that coincide with physical health changes, losing capabilities, or issues with family, friends or society.

**Discovering Podcasts** - Wednesday, January 13th and 27th at 7:00 PM.

This 45-minute program will present clips from three podcast episodes. Story-telling of personal experiences, science, history, and imaginative ideas will be emphasized.

**Travel Talk: Elephants in Pre-Modern Japan** - Thursday, January 21st at 7:00 PM. Martha Chaiklin, daughter of TVIH member Sharon Chaiklin, spent over 15 years in Japan, and will tell the story of elephants in pre-modern Japan from what she learned during her time there.

# Listen! The Human Voice: Presenter, Tom Benjamin, composer, music theorist, conductor and performer

- Tuesday, January 26th at 10:00 AM. The singing and speaking voice can be used in far more varied ways than we might know, from harmonic and throat singing to yodeling, belting, jazz styles and much more. We'll explore the range of human vocalization, around the world.

Why do I need the MOLST form? - Wednesday, January 27th at 10:30 AM. This session will explain in detail the MOLST form (Medical Order for Life Sustaining Treatment). It will also be compared and contrasted with Advance Directive forms. There will be time to answer your questions.

Teach and Taste - Fire & Ice (early & late sessions) - Sunday, January 31st at 12:00 PM & 3:00 PM. This Teach and Taste will focus on a large temperature contrast in served wines. We will taste three late harvest/ice wines that are served ice cold, along with three mulled wines served hot.

Support TVIH by using AmazonSmile, a giving program offered by Amazon.com for the same products and prices. When you use AmazonSmile for your shopping, 0.5% of the purchase



price of eligible products will be donated to TVIH.

How does it work? Start each shopping session at the URL http://smile.amazon.com. Be sure to designate The Village in Howard to receive your donation by clicking on the link smile.amazon.com.



#### **Newsletter Staff**

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### **Member Solicitation Policy**

In order to ensure confidence and privacy, and to promote an open exchange of information among our members, The Village in Howard maintains a policy of non-solicitation of fellow members for the purpose of business development or marketing. Our organization provides opportunities to learn from each other, both at TVIH activities and informally. Using the directory to find names and contact information of other members is appropriate for this purpose. It is not appropriate to market or solicit business.

#### **SUPPORTERS:**







If you would like to be removed from this email list, please email your name and email address to <a href="mailto:4info@thevillageinhoward.org">4info@thevillageinhoward.org</a>. We will not share your email address or personal information with anyone.